Steubenville City Schools Breakfast Menu



Our Menu is subject to change due to availability of food and school closure
This Institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients		
NO SCHOOL	3 Pancakes Fruit Milk	4 Nutrigrain Bar Cheese Stick Juice Milk	5 Donuts Juice Milk	6 Banana Bread Juice Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:		
9 Yogurt Cheese Cubes Milk	10 Waffles Fruit Milk	11 Pop Tart Fruit Milk	12 Oatmeal Bar Fruit Milk	13 Muffins Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:		
16 Cinnamon Roll Fruit Milk	17 Cereal Bar / Cereal Juice Milk	18 Pancakes Juice Milk	19 Breakfast Sandwich Fruit Milk	20 French Toast Juice Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:		
Yogurt Chex Mix Cheese Sticks Milk	24 Donut Juice Milk	25 Cinni Minni Fruit Milk	26 Muffin Fruit Milk	27 Bagel w cream cheese Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:		
30 Frudel Fruit Milk					Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:		